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**Professional Title, Organization:** Head of Service, Dream Home Care

**CHIP Title:** The Trauma Informed Care Experience

**Project Description:**

The project focused on providing trauma informed care training to staff members to address allegations of hurtful, aggressive, and derogatory comments made towards foster youth in care. The primary goal was to educate staff on how to realize, recognize, respond, and prevent re-traumatization of these vulnerable individuals.

The need for this training arose after an investigation substantiated the allegations, and it became clear that a corrective action plan was necessary to ensure a safe and supportive environment for the foster youth. The project aimed to implement a comprehensive training program that would effectively equip staff members with the knowledge and skills required to deliver trauma informed care.

The training not only focused on teaching staff about the impact of trauma on foster youth but highlighted the importance of self-reflection and self-awareness.

This project and topic were inspired by my personal experience as a single father who witnessed his daughter experience.

**Key Findings and Lessons Learned:**

It was recognized that staff members did not have insight to how their own history of experiencing traumas could influence their ability to provide appropriate care. Therefore, to create a more nurturing environment, it was essential for staff to gain a deeper understanding of how their own past experiences might influence their interactions with the foster youth.

By addressing these gaps in understanding and providing staff members with more in-depth training, it was expected that the incidents of hurtful, aggressive, and derogatory comments towards the foster youth would be significantly reduced.

Thus, the birth of The Trauma Informed Care Experience TICE

The TICE consisted of three two-hour meetings that exposed staff to trauma related discussion topics around:

- Who is traumatized?
- Trauma and the Human Senses
- Trauma and Human Instincts
- Trauma and Addictions
- Trauma and Defects of character
- Trauma Informed care skills and approaches

Ultimately, the project aimed to promote a culture of empathy, understanding, and trauma-informed care within the organization, ensuring that the needs of the foster youth were met in a sensitive and supportive manner.