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CHIP Title: Building a Better Adult Day Health Center in San Bernardino

Project Description: As the population ages, we see many senior parents moving in with their adult children and grandchildren. Many of these caregivers need to work outside of the home, which leaves the seniors alone and unprotected. There are daytime options for supervised care, but Symphonie is an Adult Day Health Care (ADHC) center with an increased emphasis on quality and high-value care. Adult Day Health Centers provide supervised low acuity health care during the day which helps to lower rates of institutionalization. Symphonie provides care to both the special needs adult, but also to caregivers. The goal of my health improvement project is to establish an extended care model ADHC in the San Bernardino area.

Key Findings and Lessons Learned:

- Opportunity zone loan funding is available in San Bernardino
- Many Adult Day Health Centers (ADHCs) fall short of the mark for quality.
- Interviews with all types of health care consumers and providers see the need for better ADHCs.
- Caregiver stress is a primary driver for abuse, neglect, and facility placement.
- ADHCs can help to decrease caregiver stress by offering extended hours and enhanced care coordination.
- California Advancing and Innovating Medi-Cal may help to expand adult day health care services.

Next Steps:

- Continue build-out for Symphonie to open in Quarter 2, 2024
- Begin renovation of building
- Continue discussions with Helen Tran, mayor of San Bernardino and the City Planner
- Secure additional funding through small business loans and grant application
- Presentation to potential funders
- Obtain contracts with payers such as Health Net of CA and the Inland Empire Health Plan